

Method of Procedure (MOP) For

Working at Heights - Other than Roofs (Rev Jan 2022)

This MOP shall be completed by the General Contractor (GC) and submitted with other associated documentation (e.g., risk plan) to Lockheed Martin Space (LMS) Facility Operations & Services (FOS) and LMS Environment Safety & Health (ESH) prior to start of work per [LM Contractor ESH Requirements](#).

GC and its subcontractors are responsible for the health and safety of their personnel, though their own safety plans and procedures, and must comply with all applicable laws and regulations, as well as all communicated LMS site and program-specific requirements.

Project Name: Click or tap here to enter text.	Contractor: Click or tap here to enter text.	Building: Click or tap here to enter text.
FPR No: Click or tap here to enter text.	Contractor POC: Click or tap here to enter text.	Area: Click or tap here to enter text.
FOS CM: Click or tap here to enter text.	Sub-Contractor: Click or tap here to enter text.	Start Date: Click or tap to enter a date.

Scope of Work	Click or tap here to enter text.
Health and Special Hazards	Click or tap here to enter text.
Safety and Special PPE	Click or tap here to enter text.
Materials Used	Click or tap here to enter text.

NOTE: This is meant to address situations where contractors must work at heights where they are not protected by guardrails (i.e., where some type of fall protection must be implemented to protect them from falling from those heights).

GC shall provide the following project details:

- 1. What fall protection method(s) are to be employed**
- 2. If fall arrest is a potential outcome, what is the plan for rescue of the individual who has fallen**
- 3. Description of proposed anchor methods and point(s)**